



Gippsland Health Summit

GOOD PRACTICE GOOD HEALTH INC.

Participate in the
Gippsland Health Summit
PROFESSIONAL CONFERENCE
Saturday, 25 March 2017
to earn
40 Category 1 CPD points

Professional Conference

Saturday 25 March 2017, 8:30am - 5:00pm

Esso Bhp Billiton Wellington Entertainment Centre, Sale

With a focus on mental health and patient centred care, the Gippsland Health Summit Professional Conference aims to educate and support all medical and health care professionals, patients and their families. The Gippsland Health Summit is an opportunity for interdisciplinary education and also creates opportunity for patients and health practitioners to learn from each other towards increased shared decision making in health care.

The program aims to educate medical and health professionals so that compassion, mindfulness and effective communication are valued and central to providing the highest standard of care to patients and clients. In this context we will learn about mental health throughout the life span.

Keynote Conference Speakers

see website for more details including members of various panels <http://gpgh.org/2017-summit/speakers/>



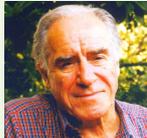
A/Prof Munjed Al Munderis

Prof Munjed is an Australian trained orthopaedic surgeon, squadron leader in the Australian Air Force Reserve, Teacher, Author and Human Rights Advocate. He will consider the physical and psychological impact of amputation.



A/Prof Sarah Hetrick

Prof Sarah is an Associate Professor and Clinical Psychologist at Orygen the National Centre of Excellence in Youth Mental Health, working clinically at headspace Glenroy. She is an advocate for evidence based practice.



Alan Hopgood AM

Alan's "My Dog has Stripes" is a short health play which involves professionals in the workplace, one of whom has an emerging issue with depression, and models some of the issues that workers and their colleagues can face, in a way which provides both insights, and practical solutions.



Dr Helena Popovic

Dr Helena, a specialist in NEUROPLASTICITY traded private practice for the conference platform to reach more people in more ways with her message of how to come alive and thrive. She teaches leading corporations, businesses, community groups and individuals the Neuroscience of Success.



Dr Vijay Roach

Dr Vijay is an obstetrician and gynaecologist working in private practice at North Shore Private Hospital and the Mater Hospital and public practice at Sydney's Royal North Shore Hospital. He is the Vice-President of the Royal Australian and New Zealand College of Obstetricians and Gynaecologists, Lecturer at the University of Sydney and Chairman of the Gidget Foundation, a NGO.



Dr Magenta Simmons

Dr Magenta is a Research Fellow in Evidence-Based Clinical Decision Making and the Youth Partnerships in Research Coordinator at Orygen, the National Centre of Excellence in Youth Mental Health in Melbourne, Australia. She has developed a number of online tools to support young people to make decisions about treatment for mental ill-health.

Learning Objectives

- Understand how the model of patient centred care improves patient safety and the delivery of healthcare.
- Develop skills to actively engage the patient in their health care.
- Integrate a collaborative treatment approach within current general practice/ clinical and health settings.
- Create a dynamic workplace culture that supports each individual's optimal health, wellbeing and productivity.
- Understand how the changing language of medicine can lead to profound healing.
- As health professionals focus on valuing and maintaining our own mental health in a rural setting.

Dinner & conference package \$270 | Dinner only \$75 | Conference only \$210.

Tickets - phone the EBBWEC box office on 5143 3200 or book online <http://www.ebbwec.com.au>

Gippsland Health Summit is supported by:

