

GIPPSLAND HEALTH SUMMIT PUBLIC FORUM

FRIDAY 26 JUNE 2015 4:00PM – 6:30PM

4.00 pm	Welcome and opening
Short individual presentations outlining expertise	
4:05 pm	Be a partner in your health care and transform your experience of the health care system
4:15 pm	Two BIG ideas to help you be your best Liberating experiences to help you have your best health
4:25 pm	What role does your brain play in recognising pain? Can we work with the brain to ease pain?
4:35 pm	Could working with a Patient Advocate help me get the best health care for my situation?
4:45 pm	Stillness Meditation Therapy Learn how to let your body change your mind.
4:55 pm	Question and Answer Panel
	Ask our experts anything you want to know about their areas of knowledge and health care – live, via SMS during the panel, or in writing on arrival
5:40 pm	Close of Presentations & Thank you Time now to speak personally with expert guests in theatre and foyer
6:30 pm	Close

www.gippslandhealthsummit.com.au