



Gippsland Health Summit

CONFERENCE PROGRAM

Saturday 25 March 2017
8:30am - 5:00pm

RACGP Cat 1 Accreditation Number pending

our focus in 2017 is on mental health and patient-centred health care

8.30am 9:00am	Registration and Networking Welcome - Sharee Johnson, Psychologist and Carer and Jeanette Gibson, Psychologist and Patient		
9:15am	KEYNOTE Dr Vijay Roach Changing culture during pregnancy and early parenting. Emotional wellbeing matters.		
9:45am	PANEL Perinatal Mental Health Dr. Vijay Roach, Obstetrician; Dr Vivian Lee, Psychiatrist; Ms Christine Hoyne NUM Agnes Unit; Dr Elise Ly, Leongatha GP and Emma Garth sharing her lived experience.		
10:20am	KEYNOTE Youth Mental Health A/Prof Sarah Hetrick and Dr Magenta Simmons, Orygen, Youth Mental Health Working Collaboratively with Young People: screening, assessment, treatment planning and monitoring outcomes.		
11:05am	PANEL Youth Mental Health Dr Sarah Hetrick, Dr Magenta Simmons, Orygen; Dr Soumya Basu, Child Psychiatrist; Dr Andrew Roberts, Heyfield GP and a young person representing the Headspace Morwell Reference Group.		
11:25am	Morning Tea		
11:45am	KEYNOTE Dr Helena Popovic Do You Practice What you Preach? – Professional Self Care		
12:30pm	Lunch and networking		
1:15pm	PLAY My Dog Has Stripes? Health Professionals' Mental Health		
2:15pm	Workshop A Dr Vijay Roach Improving pregnancy and parenting outcomes. There is no health without mental health. It's time for a paradigm shift.	Workshop B Dr Sarah Hetrick and Dr Magenta Simmons Implementing a collaborative approach to treatment planning: how to engage young people in shared decision making for depression treatment.	Workshop C Dr Helena Popovic What if Disease were a doorway? Self care and the power of perception and language.
3.15pm	Afternoon Tea		
3:30pm	Workshop D Dr Vivian Lee and Ms Christine Hoyne Thinking about the baby in perinatal mental health: Using the Solihull Approach.	Workshop E Dr Munjed Al Muderis The Physical vs Psychological impact of Amputation.	Workshop F Liz Meggeto, CWGPCP Health Literacy.
4:30pm	PLENARY Where to from here for patient centered mental health in Gippsland? What does it look like in practice?		
	CLOSE AND PLENARY Including feedback survey & recommendations.		

Gippsland Health Summit is supported by:



Thank you to all our Sponsors and Partners 2017 who have practiced the idea of partnership so well to create this event. Gippsland Health Summit exists because of you and your generosity to support a new idea in our region.

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Thank you to our precious volunteers for all your hard work behind the scenes, nothing comes of a good idea without hard work!

Andrea Hall
Debra Smith
Elizabeth Johnson
Elisabeth Wearne

Elise Ly
Glenn Finlay
Jeannette Gibson

Joel Fanning
Jude Deedman
Justine Anderson
Kristen Priestly
Nicola Finlay

Rachel Patton
Sharee Johnson

And all our very generous panel members thank you for sharing your wisdom and experience with us.

The Gippsland Health Summit is inspired by Tim Johnson who died of cancer in 2011, just shy of his 42nd birthday.

We acknowledge all patients and their families who teach us every day about caring for each other. All members of the planning group have stories to tell about when caring for someone in their role as doctor, psychologist, physiotherapist, family member or policy maker, optimal healing was achieved and celebrated. We all have stories of the reverse too.

The Gippsland Health Summit aims to enhance the experience of working inside the health system and that of entering the system as a patient or carer. We acknowledge the wonderful work already done by everyone involved in health care across Gippsland and hope to bring a unique value adding experience at the conference and public forum, that is specifically local and partnership building.

The Gippsland Health Summit is an initiative of the not for profit organisation:



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